

Truly Yoga  
Freedom Flow Vinyasa Yoga 200 Hour Teacher Training

**Sept 2025- April 2026**

A non-refundable \$500 deposit is required to hold your spot for the training. This deposit goes towards the full payment of the program. Once the program begins, no refunds will be made for early sign up deals/payments made up to the date of cancellation. In the event of circumstances out of your control or a medical emergency, you will be able to take the training the following year. A possible fee may be added depending on the situation to cover materials prepared. If there is a circumstance out of our control, we will do our best to reschedule to meet the needs of our trainees. Thank you so much for taking this journey with us!

Program Cost: \$2,800  
Deposit: \$500 (Deducted from program total)

**Early Sign up Deals:**  
**Paid in full by June 1<sup>st</sup>: \$2,200**  
**Paid in full by July 1<sup>st</sup>: \$2,400**

Circle your payment choice

Payment Plans:

**8month Plan (September-April):**  
\$2,800

Deposit: \$500  
\$287.50/ month

**4 month Plan:**  
\$2,800

Deposit: \$500  
\$575/ month

Custom Plan: \_\_\_\_\_

Full payment must be made to receive certification.

I agree to the above:

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I am participating in a Yoga class / workshop / training session offered by Truly Yoga Studio. I understand that the physical reaction to exercise and the practice of yoga cannot always be predicted with accuracy and that there is risk involved in such activity. I understand that Truly Yoga Studio and/or its agents, shall not be liable for any damages arising from personal injuries sustained or incurred during class or training session. The undersigned participant assumes full responsibility for any injuries or damages which may occur during class or training. I hereby fully and forever release and discharge Truly Yoga Studio and its agents, from any and all claims, demands, damages, rights of action, present and future therein. I assume full responsibility of any risks, injuries, damages, known or unknown, which I might incur as a result of participating in class. I assume any risks, injuries, damages, known or unknown, which I might incur as a result of participating in class or training. I understand and warrant, release and agree that I am in good physical condition and that I have no disability, impairment or ailment preventing me from engaging in active or passive exercise that will be detrimental to the heart. The undersigned participant assumes full sustain as a result of participating in this yoga class, training or program.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_