



200- HOUR TEACHER TRAINING APPLICATION

Introduction

Thank you for your interest in Serenity Yoga 's Teacher Training Program! Below you will find detailed instructions on how to apply. In order to hold your spot a deposit must be handed in with this application. We will not hold applications without a deposit.

First Name: _____ **Last Name:** _____

Address: _____

City: _____

State/Province: _____ **Zip:** _____

Phone (Primary) _____ **Secondary** _____

Email: _____

Birthdate: _____

Gender

Please indicate your gender.

Male

Female

Pregnant?

Or may be pregnant during the training?

- Yes No

Occupation: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Yoga Experience

Please list your previous yoga experience:

Other Relevant Experience

Please list any other training or experience that you think may be relevant.

Source of Interest

Why are you interested in this Teacher Training?

Expectations

What are your expectations for this training? What do you hope to gain, learn or work on?

Physical Health & Conditions

Tell us about your physical health (major illnesses, surgeries, injuries or physical conditions we should know about). Indicate if your conditions may result in early withdrawals from this course.

Are you currently taking any medications?

Yes

No

Health Practices

Describe your diet, health, exercise practices and beliefs.

Other Interesting Things

Feel free to share!

How did you hear about this Teacher Training?

I would like to take my training at (please circle location)

Truly Yoga

Serenity Yoga Middletown

Photo

Please provide a recent headshot - a clear photo with no sunglasses or other obstructions of your face. Photo must be a JPG/JPEG with a max size of 400kB.

Payment Terms

Total cost of training \$2,700 10% off if paid in full prior to June 1st.

To reserve a place in the training you must send your complete application, along with a \$500 deposit. Full payment is due two weeks prior to training start date.

Please make check payable to Alyson Leinbach or pay through paypal.

No refunds, credits or transfers are available for cancellation prior to the two-week start date.